

Lichen Ext. (as vitamin D3) 200 IU + Calcium (Calcium Carbonate) 333.00 mg + Almond Extract (as Magnesium) 134.00 mg + Zinc (as Zinc Gluconate) 8.50 mg

**Description :** Bonfix-DZ improves mobility and flexibility, enhances knee extension, helps relieve joint pain from exercise, and supports joint health by reducing inflammation and preventing cartilage breakdown.

Composition: Each Tablet contains Lichen Ext. (as vitamin D3) 200 IU + Calcium (Calcium Carbonate) 333.00 mg + Almond Extract (as Magnesium) 134.00 mg + Zinc (as Zinc Gluconate) 8.50 mg & other ingredients.

#### Indication:

## **Strenuous Activity & Sports:**

High-impact or intense movement can stress joints, leading to swelling or long-term cartilage wear.

### **Rheumatoid Arthritis:**

An autoimmune condition where the immune system attacks joints, causing pain, swelling, and eventual damage.

## **Knee Stiffness (Extension):**

Difficulty fully straightening the leg due to tightness or reduced knee mobility—common after sitting or activity.

# **Impaired Joint Function:**

Weak or damaged joints can limit strength, balance, and ease of movement.

#### Joint Pain & Inflammation:

Caused by injury or arthritis, symptoms include swelling, warmth, and restricted mobility.

#### Osteoarthritis:

A chronic condition marked by cartilage wear, resulting in stiffness, joint pain, and reduced motion in areas like knees, hips, and hands.

# Reduced Flexibility & Mobility:

Stiffness, weakness, or joint damage can make everyday actions like walking, climbing, or bending more difficult.

Dosage: 1 tablet 1-2 times daily or as directed by the reg. physician.

**Drug Interaction :** Does not interact with other medicines. **Side Effects :** No side effects in recommended dosage.

Contraindications : Contraindicated to the patients who have

hypersensitivity to any ingredients of this medicine.

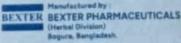
Pregnancy & Lactation: Only if doctor recommends.

Storage: Store at temperature below 30°C, protect from light & moisture.

Caution: Keep all medicine away from the reach of children.

#### Presentation:

2x14 tab. in alu-pvc/alu-alu blister/plastic container.



"Manufacturer of quality Herbal Medicine with Modern Technology."

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